



get it

Gabaritos

Book Five

Taking off

Sumário

Lesson 01	Página 03	Lesson 19	Página 24
Lesson 02	Página 04	Lesson 20	Página 25
Lesson 03	Página 05	Lesson 21	Página 26
Lesson 04	Página 07	Lesson 22	Página 27
Lesson 05	Página 08	Lesson 23	Página 28
Lesson 06	Página 09	Lesson 24	Página 29
Lesson 07	Página 10	Lesson 25	Página 30
Lesson 08	Sem Gabaritos	Lesson 26	Página 31
Lesson 09	Página 11	Lesson 27	Página 32
Lesson 10	Página 12	Lesson 28	Página 34
Lesson 11	Página 13	Lesson 29	Página 36
Lesson 12	Página 14	Lesson 30	Página 38
Lesson 13	Página 16	Lesson 31	Página 39
Lesson 14	Sem Gabaritos	Lesson 32	Página 41
Lesson 15	Página 19	Lesson 33	Página 42
Lesson 16	Página 20	Lesson 34	Página 43
Lesson 17	Página 21	Lesson 35	Página 44
Lesson 18	Página 23		

Lesson 1

. Unpack less

STEP 3 Let's check

Check the boxes with (✓) for the things you should do for a more sustainable environment and cross (✗) the ones you shouldn't do.

- 1) (✗) Drive more
- 2) (✓) Unpack less
- 3) (✓) Separate your trash in different bins
- 4) (✗) Wash the floor with fresh water
- 5) (✓) Use reusable bags
- 6) (✓) Carpool when possible
- 7) (✓) Select unwrapped products
- 8) (✓) Buy organic cruelty-free products.
- 9) (✗) Use new plastic bags every time you go to the grocery shop
- 10) (✓) Combine errands.

Lesson 2

. Lowsumerism

STEP 3 Let's check

After reading the material on lowsumerism, a student decides to take a few actions. Towards a better future, complete his sentence choosing only sustainable attitudes towards the environment:

"From now on, I will ...

- 1) (**x**) buy second-hand clothes.
- 2) () spend more money on disposable items.
- 3) () not focus on the things that really matter.
- 4) (**x**) use more public transportation.
- 5) (**x**) grow a garden.
- 6) (**x**) not spend money on unnecessary things.
- 7) () not recycle.

Lesson 3

. No pain, no gain!

STEP 3 Let's check

Fill in the blanks with the words from the box:

protein / gym instructor / smoking / bulk up / workout / nutritionist/
aerobics / stretching / fit / body / muscle / work out

- 1) If you're not happy with your **body**, you should go to the gym and **work out**.
- 2) Arno's lungs are weak. He should do **cardio**.
- 3) I don't eat junk food, because I want to be **fit**.
- 4) James is at the gym, but he doesn't know what to do. He should ask a **gym instructor** for help.
- 5) **Stretching** exercises are good for you to cool down after your **workout**.
- 6) If you want to **bulk up**, then you must eat moderate **protein** and fat, and a substantial amount of carbs.
- 7) James' **nutritionist** told him to start eating more protein if he wants to build **muscle**.
- 8) **Smoking** can cause lung disease.

STEP 4 Hands on

Mark the correct option to complete the sentences properly:

- 1) James wants to join a gym to _____.
 - a. get a spare tire
 - b. become obese
 - c. **get in shape**
- 2) James' _____ will create a workout plan for him based on his health and what he needs.
 - a. gym instructor
 - b. **personal trainer**
 - c. nutritionist

- 3) A good way for James to burn fat is to ____.
- a. do cardio**
 - b. eat junk food
 - c. smoke every day
- 4) Lots of people go to the gym in order to ____.
- a. work out**
 - b. hang out with their friends
 - c. read a book
- 5) In order for James to be ____, he should exercise regularly and eat healthy food.
- a. obese
 - b. fit**
 - c. overweight
- 6) Smoking would be too bad for James' ____.
- a. belly fat
 - b. muscle mass
 - c. lungs**

Lesson 4

. Gym rat

STEP 3 Let's check

Match the words with the pictures:

- (1) Stretching
- (2) Bench-press
- (3) Dumbbell
- (4) Barbell
- (5) Push-up
- (6) Pull-up
- (7) Sit-up
- (8) Six-pack
- (9) Jumping jack
- (10) Jump rope



Lesson 5

. Mental health

STEP 3 Let's check

Complete the sentences about mental health using the suggestions from the box below.

A - time with family
B - a positive mindset
C - drugs and alcohol
D - set goals
E - get support
F - relaxation techniques
G - too much work

To maintain good mental health...

- 1) it's a good idea to practice **relaxation techniques**.
- 2) you should cultivate **a positive mindset**.
- 3) you may also **get support** from a therapist for extra help.
- 4) it's important to spend **time with family**.
- 5) you shouldn't use **drugs and alcohol**.
- 6) avoid **too much work**.
- 7) you can **set goals** for a healthy lifestyle.

Lesson 6

. Mental health disorders I

STEP 3 Let's check

Fill in the blanks with the new words you have just learnt.

- 1) A **psychiatrist** is a medical practitioner specializing in the diagnosis and treatment of mental illness.
- 2) If you can't stop worrying and talking about something, then you're **obsessed about** it; but if you're constantly thinking about something, then you're **obsessed with** it.
- 3) A **compulsion** is a repetitive behavior in response to an **obsession**.
- 4) We call a deep sadness **melancholy**.
- 5) **Binge eating disorder** is characterized by frequent episodes of eating large quantities of food (often very quickly and to the point of discomfort).
- 6) A **mood swing** is a sudden or intense change in emotional state.
- 7) Kelly's psychiatrist prescribed her an **antidepressant**.
- 8) A **psychologist** is a person trained and educated to perform psychological research, testing, and therapy.

STEP 4 Hands on

Dictation – listen to the sentences and write them down:

- 1) Seasonal depression is when you feel depressed because of the weather.
- 2) Anorexia, bulimia and binge eating are eating disorders.
- 3) James is obsessed about a girl he has just met in college.
- 4) Recently, Kaya has been obsessed with her appearance.
- 5) Nobody likes to be mistreated by others.
- 6) Johan sees his therapist weekly.
- 7) A psychologist can't prescribe medication; a psychiatrist can.
- 8) Disrespect is a behavior that should be corrected.

Lesson 7

. Mental health disorders II

STEP 3 Let's check

Fill in the blanks with the words from the box:

memory / symptoms / mental / loss / medication / die / connections
dementia / disease / functions

The Alzheimer's disease is the most common type of **dementia**. It is a progressive **disease** that destroys **memory** and other important mental **functions**. Brain cell **connections** and the cells themselves degenerate and **die**, eventually destroying memory and other important **mental** functions. Memory **loss** and confusion are the main **symptoms**. No cure exists, but **medication** and management strategies may temporarily improve symptoms.

STEP 4 Hands on

Dictation – listen to the sentences and write them down:

- 1) Panic disorder is treatable and you can make a full recovery.
- 2) If someone's having a panic attack, stay with them and keep calm.
- 3) PTSD is a very common condition for many veterans after military service.
- 4) Nightmares are bad dreams that can disturb your sleep.
- 5) Bad eating habits can trigger a migraine headache in some people.
- 6) Dementia influences your everyday activities.
- 7) A hearing-impaired person is someone who can't hear very well.
- 8) Drinking can impair a person's ability to think clearly.

Lesson 9

. Inclusion

STEP 3 Let's check

Read the sentences and circle the right verb in the parenthesis.

- 1) Whether you succeed or fail, you will (**gain**/earn/win) from the experience.
- 2) I hope one day I will (gain/earn/**win**) the lottery.
- 3) If you eat too many carbohydrates, you'll (**gain**/earn/win) a lot of weight.
- 4) If I'm kind to people, then I (gain/**earn**/win) their friendship.
- 5) When you act on stage, you (**gain**/earn/win) more confidence.
- 6) I'd like to (gain/**earn**/win) money online.
- 7) If I practice enough, I'll be able to (gain/earn/**win**) the spelling bee.
- 8) Devi is a very popular novelist; she (gains/**earns**/wins) a lot of money.
- 9) It is necessary that all children (**gain**/earn/win) opportunities to education.
- 10) Who (gained/earned/**won**) the game last night?

STEP 4 Hands on

Dictation – listen to the sentences and write them down:

- 1) It is necessary that we have empathy with disabled people.
- 2) Prejudice is an attitude, and discrimination is the action of prejudice.
- 3) If a Muslim can't enter a place because of their religion, it's religious prejudice.
- 4) We can't discriminate against those who are different from us.
- 5) They can't and they won't tolerate sexism against women.
- 6) Unfortunately, her arrogance has earned her lots of enemies.
- 7) You should be more humble and listen more than you talk.
- 8) Human rights is the belief that everybody should be treated equally.

Lesson 10

. At the coffee shop

STEP 3 Let's check

Fill out the blanks in the dialog using the information from the box below:

pick up / would you like / counter / to have here / size
scrambled eggs / a cup of tea / some butter

1) A: Hi! How can I help you today?

B: I'd like **a cup of tea** please.

2) A: To have here or to go?

B: **To have here** please.

3) A: What **size** would you like: regular or large?

B: Large please.

4) A: **Would you like** some sugar in your tea?

B: No, thank you.

5) A: Would you like anything to eat?

B: I'll have the **scrambled eggs** and a toast

6) A: Anything else?

B: Can I also have **some butter** for my toast please?

7) A: Sure. What is your name?

B: I'm Luan.

8) B: Where can I **pick up** my order?

A: At the **counter** on your left. Someone will call you by your name.

Lesson 11

. At the supermarket

STEP 3 Let's check

Read the descriptions below and write the name of the correct aisle/section of the supermarket.

- 1) **Produce** section- This is where you will find fresh fruits and vegetables.
- 2) **Bakery** aisle - It contains baked goods like bread, cakes, and cookies.
- 3) **Dairy** aisle - Here you will find products like milk, cheese, yogurt, and butter. It may also have non-dairy alternatives.
- 4) **Frozen food** aisle - This aisle contains frozen food products like vegetables, pizza and ice cream.
- 5) **Personal care** aisle - This aisle contains personal care products like shampoo, conditioner, soap, skincare and haircare products.
- 6) **Bulk** aisle or section - Here you can get beans, seeds and nuts by the weight instead of individual packages.
- 7) **Deli** section - This is where you can get cold cut meats and sliced cheeses.

Lesson 12

. If I'd known better...

STEP 3 Let's check

Match the columns to make sentences in the past perfect.

- (1) Azi had played soccer with his friends in that field
- (2) Sally and Emily had gone to the coffee shop
- (3) Mary had called Harry lots of times
- (4) After Anna had left her bedroom,
- (5) Amahle hadn't finished painting
- (6) André had just gotten home

- (1) before it started to rain.
- (6) when his boss called him.
- (4) Johan found her diary and read it.
- (3) when he arrived.
- (5) when Arno mopped the floor.
- (2) before going home.

STEP 4 Hands on

Make sentences in the past perfect. Make sure to use contractions when possible.

Example: I - already - study - for yesterday's test - when - you - call - me. → I'd already studied for yesterday's test when you called me.

1) Kelly - never - see - a lion - before - she - go - to the zoo.

Kelly had never seen a lion before she went to the zoo.

2) Arno - have - two girlfriends - before - he - meet - Amahle.

Arno had had two girlfriends before he met Amahle.

3) Olivia - already - try - ten different dresses - when - Emma - arrive - at her place.

Olivia had already tried ten different dresses when Emma arrived at her place.

4) Johan and Anna - already - go to bed - when - Luan - get home - from work.

Johan and Anna had already gone to bed when Luan got home from work.

5) Josh's sister and her ex-husband - be - together - for years - before - they - get divorced.

Josh's sister and her ex-husband had been together for years before they got divorced.

6) The teacher - study - English - for years - before - he - go - to England.

The teacher had studied English for years before he went to England.

Lesson 13

. On the edge of my seat

STEP 3 Let's check

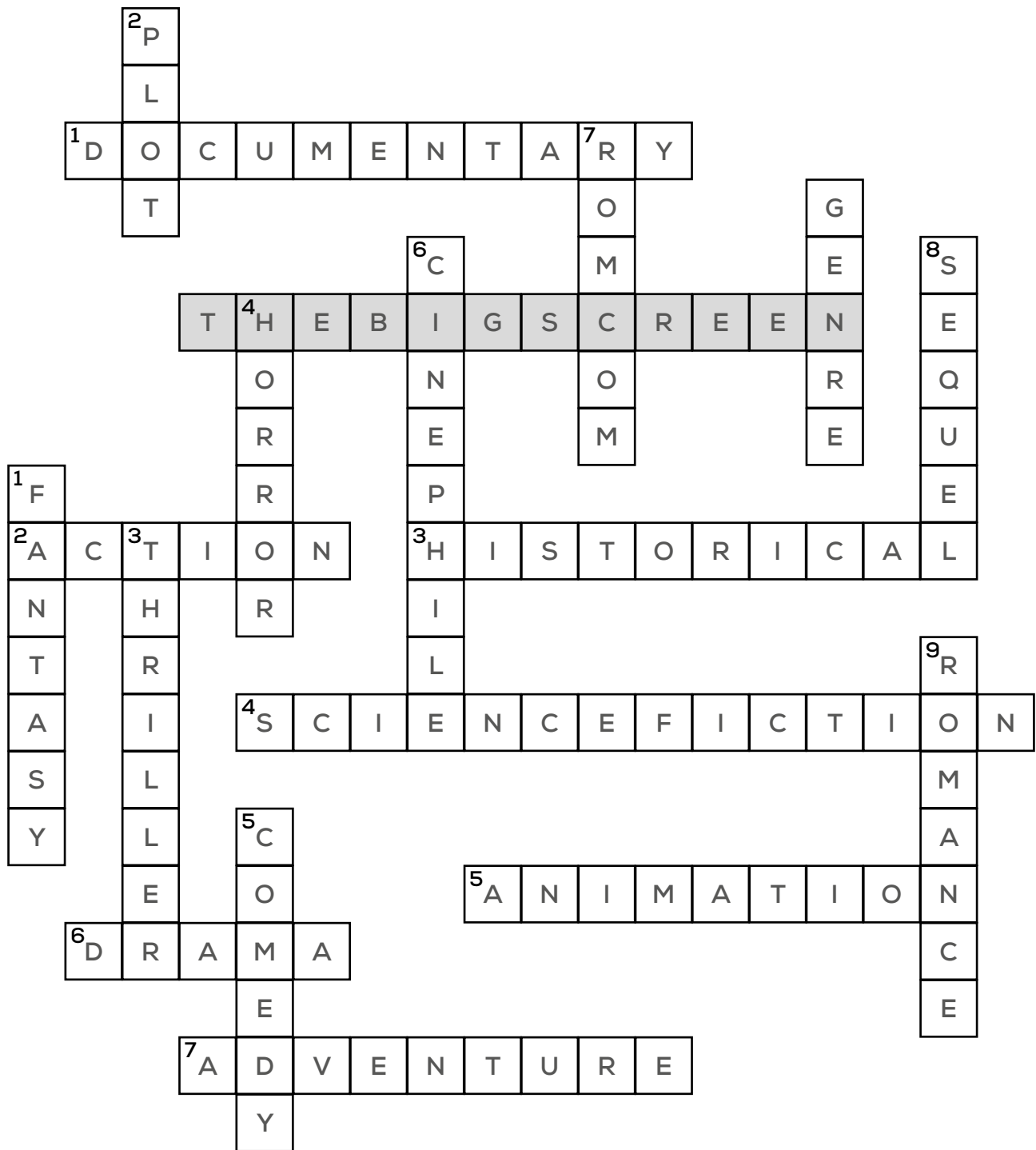
It's crossword puzzle time! Read the clues and complete it:

Across

- 1) A ____ tells us about real people and events.
- 2) ____ films are those with heroes who have lots of fights.
- 3) A fiction film showing past events or set within a historical period.
- 4) A film that is set in the future and might be about other planets.
- 5) Disney films are mostly ____ films.
- 6) A sad story about a difficult situation in life.
- 7) ____ films are like action films, but they take place in exotic places

Down

- 1) Includes supernatural and magical events.
- 2) The general story of a movie.
- 3) A spy or espionage story.
- 4) ____ films make you scream and be afraid, very afraid!
- 5) A ____ makes you laugh – a lot!
- 6) A person who is fond of films is a ____.
- 7) A sweet film that includes romance and funny moments as well.
- 8) A ____ continues the story of some earlier work.
- 9) A love story made to melt your heart.



STEP 4 Hands on

Complete the sentences below with your past perfect and past simple tenses according to the phrases in the parenthesis.

- 1) James had done his homework before he **went to school**. (go to school)
- 2) Ramesh had cooked dinner when Anika **got home** from work. (get home)
- 3) When André saw Toy Story 4, he **had already seen Toy Story 3**. (already see Toy Story 3)
- 4) Emma watched Shrek 3 after she **watched Toy Story 2**. (watch Shrek 2)
- 5) Kelly had called Johan many times before he **answered the phone**. (answer the phone)
- 6) Anna **hadn't been able** to do her homework until Luan helped her. (not be able)

Lesson 15

. It's a bargain!

STEP 3 Let's check

Read the descriptions below and write the name of the correct adjective to describe the clothes styles.

- 1) **Tight-Fitting** are clothes that don't leave much room for breathing, they're really tight.
- 2) **Baggy** is the opposite of tight-fitting; they are very loose, with lots of room in them.
- 3) **Plain** is the opposite of colorful and often there's just one color. (gray, white, beige...)
- 4) **Fashionable** generally refers to something that is currently popular or stylish
- 5) **Casual** clothes are usually comfortable, relaxed and typically worn for everyday activities.
- 6) Fashion and trends can change over time, and what may be considered **unfashionable** in one context may still be appreciated in another.
- 7) **Trendy** is a modern word that means something is fashionable.
- 8) **Scruffy** is something dirty and messy.

Lesson 16

. Now boarding

STEP 3 Let's check

Fill the gaps with the correct word.

fully reclining / stopover / fastened / barcode / overbooked
oversized / in-flight / service

- 1) If you're traveling from Brazil to Australia, there's usually a **stopover** in New Zealand.
- 2) Ensure your seat belt is **fastened** at all times when seated.
- 3) The flight was **overbooked**, so they had to wait one hour for another flight.
- 4) Luggage tags have a **barcode** to make sure that it is delivered to the final destination.
- 5) Overweight and **oversized** bags are considered excess luggage and are charged separately.
- 6) That airline used to be known for its good **in-flight service**. But the food is really bad now.
- 7) First class flights usually offer more space and comfort, wider and **fully reclining** seats

Lesson 17

. Immigration

STEP 3 Let's check

Choose the correct QUESTION for the ANSWER that's given.

1) ANSWER: About two weeks.

QUESTION:

- a. **How long are you staying in California?**
- b. Where will you be staying in California?
- c. Have you ever been here before?

2) ANSWER: Yes, I've booked it for May 12th.

QUESTION:

- a. How long do you plan to stay in Australia?
- b. How long are you staying?
- c. **Have you booked your return ticket?**

3) ANSWER: I'm here on vacation.

QUESTION:

- a. **What's the purpose of your visit?**
- b. How long will you be staying in the United States?
- c. Do you plan to live here?

4) ANSWER: Sure. Here they are.

QUESTION:

- a. How many bags do you have?
- b. **Can I see your travel documents, please?**
- c. What's the purpose of your trip?

5) ANSWER: No, nothing.

QUESTION:

- a. **Do you have anything to declare?**
- b. Do you need an interpreter?
- c. Could I see your passport?

6) ANSWER: No, I'm not.

QUESTION:

- a. Could I see your passport?
- b. Do you have anything to declare?
- c. Are you importing any fruits or vegetables?**

7) ANSWER: Yes, I have 200 dollars.

QUESTION:

- a. Could I see your passport?
- b. Do you have anything to declare?
- c. Are you carrying any amount of currency?**

Lesson 18

. Suppositions in the past

STEP 3 Let's check

Match the columns:

- (0) zero conditional
- (1) first conditional
- (2) second conditional
- (3) third conditional
- (0) When Anna makes fun of Johan, he gets really upset.
- (2) suppositions
- (3) suppositions in the past
- (1) If I have too much feijoada with white rice and farofa, I might get sick.
- (2) Were I to cook Thanksgiving dinner, I'd make cranberry sauce as a side dish.
- (0) general habits
- (3) If Emma had been born in Brazil, she would've learnt to speak Portuguese.
- (1) Should I feel like exercising, I'll hit the gym later on.
- (1) possibilities
- (3) Had I known she wasn't reliable, I wouldn't have told her my secret.
- (2) If Azi weren't in a hurry, he'd take his time.

STEP 4 Hands on

Fill in the gaps to make sentences in the third conditional.

- 1) If Emma **had arrived** (arrive) earlier this morning, she **would've seen** (see) Olivia.
- 2) If you **hadn't been** late (not be), we **wouldn't have missed** (not miss) the bus.
- 3) If James **had gone** (go) to bed early last night, he **wouldn't have woken up** (not wake up) so late.
- 4) If André **hadn't gone** (not go) to university, he **wouldn't have become** (not become) a journalist.
- 5) Kelly **would have been** (be) happier if she **had stayed** (stay) at home with his family instead of going shopping with her friend.
- 6) Ramesh **would've taken** (take) a cab if he **hadn't forgotten** (not forget) his wallet at the restaurant.

Lesson 19

. I told you so!

STEP 3 Let's check

Match the columns:

- (1) I **wouldn't've** come here if I'd known my ex would be here.
(2) I **d've** slept in if it were Sunday.
(3) If Ramesh hadn't forgotten to set his alarm, **he'd've** woken up earlier.
(4) You **shouldn't've** lied to your mom, Johan! There'll be consequences.
(5) I'm sorry, but I **couldn't've** done anything else to help you, even if I wanted to.
(6) Amahle isn't at home. She **mustn't've** remembered we were coming.
- (1) would not have
(3) he would have
(6) must not have
(5) could not have
(4) should not have
(2) I would have

Lesson 20

. If I hadn't done it...

STEP 3 Let's check

Fill in the blanks with the words from the box:

like / to / down / away / out / up / away / to / down / out / of / for

- 1) The student was torn _____ pieces by a rude professor.
- 2) Unfortunately, the old lady had a heart attack and passed _____ last night.
- 3) The pain was so severe that he ended up passing _____.
- 4) I'm not really fond of alcohol, so I never drink _____ a fish.
- 5) The police want to find _____ who killed the man.
- 6) How could you say that _____ her face? Have you lost your mind?
- 7) He used to lie to his wife a lot, so she decided to ask _____ a divorce.
- 8) She was sitting _____ and didn't have the strength to stand _____.
- 9) That food is disgusting, man! Throw that _____!
- 10) A friend _____ Emma's wasn't honest to her, and this let her _____.

Lesson 21

. I have a reservation

STEP 3 Let's check

Read the sentences and fill in the gaps with the correct hotel vocabulary.

complimentary breakfast / indoor pool / subtle service / adjoining rooms /
overslept / train station / vending machine / safe box

- 1) If we had booked **adjoining rooms** with your parents, we wouldn't have paid for the sofa bed.
- 2) If we had woken up earlier, we would have enjoyed the heated **indoor pool** together.
- 3) If you hadn't booked this hotel downtown, we wouldn't have been so close to the **train station**.
- 4) If there wasn't a **complimentary breakfast** in the hotel, we would have eaten at the bakery every morning.
- 5) If the hotel didn't have a **vending machine** on the first floor, we would have been without snacks that night.
- 6) If we had left the money in the **safe box**, we wouldn't have lost it.
- 7) If I had booked the **shuttle service**, I wouldn't have missed the flight.
- 8) I would have **overslept** if I hadn't asked for a wake up call.

Lesson 22

. Farm Life

STEP 3 Let's check

Mark T (true) 👍 or F (false) 🗑️:

- 1) Harvest is the process of gathering mature crops from the field. **(T)**
- 2) Barn is a structure made of glass used for protecting the plants from harsh weather. **(F)**
- 3) Pasture is the practice of cultivating plants, raising animals and other farm activities. **(F)**
- 4) Livestock are animals raised on a farm for agricultural purposes. **(T)**
- 5) Plow is a farm tool used to turn over soil in preparation for planting. **(T)**

Lesson 23

. Organic Farming

STEP 3 Let's check

Match the words from the box below with their correct definition:

- (1) biodiversity
- (2) crop
- (3) standard
- (4) erosion
- (5) awareness
- (6) organic

- (3): Established criteria or guidelines for evaluation.
- (1): Variety of life forms in an ecosystem or on Earth.
- (6): Natural or without synthetic chemicals or GMOs.
- (2): Cultivated plants for food or other purposes.
- (5): Consciousness or knowledge about a specific topic.
- (4): Gradual loss of soil or rock.

Lesson 24

. Stargazing

STEP 3 Let's check

Complete the sentences using the correct form of the verbs in parentheses. Use Simple Past and Past Continuous tenses.

- 1) The first quarter moon **shone** (shine) brightly in the sky last night.
- 2) I really **loved** (love) the shooting star but she **thought** (think) it was over so fast.
- 3) She was **stargazing** (stargaze) when I **found** (find) her in the backyard last night.
- 4) Olivia was **reading** (read) a magazine about astronomy.
- 5) During the winter solstice, the satellite was **orbiting** (orbit) the Earth to collect weather data.
- 6) The moon was **shining** (shine) brightly while they were **walking** (walk) on the beach.
- 7) The children were **playing** (play) in the park when they **saw** (see) a shooting star.
- 8) The spacecraft **landed** (land) safely on the surface of the moon.

Lesson 25

. The Sun & The Moon

STEP 3 Let's check

Complete the sentences using the correct Past Perfect form of the verb in parentheses.

- 1) The eclipse had **occurred** (occur) before we could protect our eyesight.
- 2) His eyesight hadn't **improved** (improve) anything until last week.
- 3) We **took** (take) every precaution to perform this procedure.
- 4) She **hadn't made** (not / make) any progress since then.
- 5) Had the sun **risen** (rise) before the birds started singing?
- 6) The researchers had **discovered** (discover) a new source of renewable energy, before it was too late.
- 7) Had the scientists **detected** (detect) any amount of radiation before their new experiments?
- 8) The partial eclipse had **darkened** (dark) the sky for a brief moment before anyone could appreciate it.

Lesson 26

. I wish... I

STEP 3 Let's check

Connect column A with column B:

column A

Johan hates eggplants.

Ramesh got a job offer to work
in Montreal.

Emily and Sally wanted to go
camping.

James is tired from playing
baseball with his friends.

Joseph's feeling lonely.

Sally didn't give Emily a present
for their anniversary.

column B

He wishes he spoke French.

He wishes he didn't have to
study.

Emily wishes she was more
romantic.

Luan wishes he changed his
eating habits.

He wishes he had a girlfriend.

They wish it would stop raining.

Lesson 27

. I wish... II

STEP 3 Let's check

Read the sentences and circle the right option:

- 1) Kaya misses hanging out with Josh. She wishes he didn't work late so often/**he wouldn't work late so often.**
- 2) What's all this noise? I wish it stopped/**it'd stop**, so I could concentrate.
- 3) Josh and Kaya are having a baby. They wish **they had**/they'd have a bigger house.
- 4) Sally and Emily want to go camping, but according to the weather forecast, it'll rain on the weekend. They wish it didn't rain/**it wouldn't rain.**
- 5) Joseph needs help moving out of his apartment. Harry wishes **he was able to help him**/he would be able to help him, but, unfortunately, he's buried in work all weekend.
- 6) One of Azi's coworkers never closes the door when he leaves. Azi wishes he didn't leave the door open/ **he wouldn't leave the door open.**

STEP 4 Hands on

Make sentences using 'wish' + past simple about the things you don't like. You can put in 'that' if you want, or leave it out.

- 1) I have to work tonight.
I wish (that) I didn't have to work tonight.
- 2) I can't play the piano.
I wish (that) I could play the piano.
- 3) I'm at work right now.
I wish (that) I wasn't at work right now.
- 4) I don't have new shoes.
I wish (that) I had new shoes.

Now make sentences using 'wish' + would. You can put in 'that' if you want, or leave it out.

1) It annoys Josh that Andre almost never visits him.

Josh wishes Andre would visit him more often.

2) It annoys Emma that the weather is rainy today.

She wishes the weather wouldn't be rainy today.

3) It annoys Kelly that sometimes Anna doesn't listen to her.

Kelly wishes Anna would listen to her.

4) It annoys Anika that Ramesh buys lots of useless things.

She wishes Ramesh wouldn't buy lots of useless things.

Lesson 28

. I wish... III

STEP 3 Let's check

Fill in the gaps with "the" + one of the adjectives below:

injured / rich / homeless / disabled / unemployed
poor / hungry / young / educated

- 1) The government needs to do more to help **the unemployed** find jobs.
- 2) Most car parks have special parking spaces for **the disabled**.
- 3) One of Azi's friends works for an organization that provides food for **the hungry** in Africa.
- 4) Do you think **the young** are the future of this country?
- 5) Immediately after the accident, **the injured** were taken to hospital.
- 6) There is a huge gap between **the rich** and **the poor**.
- 7) The dictator started to imprison **the educated** in order to strengthen his power over the people.
- 8) The local government decided to build special tents for **the homeless**.

STEP 4 Hands on

Are these wishes about the past, present or future? Choose the correct form to complete each sentence.

- 1) I wish our neighbors ___ arguing. They're at it all the time.
 - a. had stopped
 - b. stopped
 - c. **would stop**
- 2) If only I ___ so much. I can't move!
 - a. **hadn't eaten**
 - b. didn't eat
 - c. wouldn't eat

- 3) Don't you wish you ___ more free time?
a. had had
b. had
c. would have
- 4) I sometimes wish I ___ to university after I left school.
a. had gone
b. went
c. would go
- 5) What a terrible party. I wish I ___.
a. hadn't come
b. didn't come
c. wouldn't come
- 6) It's a fantastic book! I've almost finished it. I wish it ___ longer.
a. had been
b. was/were
c. would be
- 7) I love Athens. If only the summers ___ so hot!
a. hadn't been
b. weren't
c. wouldn't be
- 8) I wish you ___ your mind up. We've been in this shop for hours!
a. had made
b. made
c. would make

Lesson 29

. I DO care about you!

STEP 3 Let's check

Read the sentences and circle the right option:

- 1) Did you hear that? It **sounds like**/sounds someone has just arrived.
- 2) What a terrible dessert! I just can't eat it, it tastes/**tastes like** feet!
- 3) It **feels**/feels like so good to get out in the open air!
- 4) I'm so tired, it **feels like**/feels this day is never going to end!
- 5) Have you tried these cookies, Amahle? They taste like/**taste** amazing!
- 6) You **look**/look like so tired, Harry. I think you should get some rest.
- 7) James' idea sounds like/**sounds** so exciting! What do you think?
- 8) Something **smells**/smells like bad in the kitchen. Have you taken out the trash, honey?
- 9) You **smell like**/smell trash! Go take a shower, man!
- 10) Do you think Johan **looks like**/looks Anna?

STEP 4 Hands on

Complete the dialogues with the emphatic do + the verbs in brackets. After you've finished, roleplay them with a partner. Don't forget to stress the emphatic do when reading!

- 1) A: She doesn't think you told her the truth.
B: Come on! I **DID tell** her the truth! I'd never lie to her (tell)
- 2) A: I don't eat rice, beans or meat.
B: Alright, tell me something you **DO eat**, or I won't know that to cook for dinner. (eat)
- 3) A: My sister doesn't like pizza, I guess.
B: What?! She **DOES like** pizza! (like) She ate ten slices at dinner last night!
A: Did she really? Wow!

4) A: What happened? You sound so mad.

B: That's because mom says I can't go to the party.

A: Well, you **DID behave** like a child the last time. (behave)

5) A: I don't think James takes a shower every day.

B: Are you insane? He **DOES take** a shower every day. (take) He smells so good!

6) A: Do you guys love each other?

B: We argue every now and then, but we **DO love** each other, that's for sure. (love)

Lesson 30

. Baby on the way!

STEP 3 Let's check

Mark T (true) 👍 or F (false) 🗑️:

- 1) When a woman misses her period, she should take a pregnancy test. **(T)**
- 2) When a pregnancy is over forty weeks, then it's called overdue pregnancy. **(F)**
- 3) 'What are you having?' is a way to talk about how long a woman has been pregnant. **(F)**
- 4) 'What's the sex/gender of the baby?' and 'is it a boy or a girl?' are ways of talking about the sex of a baby. **(T)**
- 5) The egg is the female reproductive cell. **(F)**
- 6) Ovulation is when the ovary releases an egg, so that it can be fertilized. **(T)**

STEP 4 Hands on

Dictation – listen to the sentences and write them down:

- 1) How far along are you? I'm six weeks.
- 2) When are you due? I'm due in two months.
- 3) I'm due on August 11th.
- 4) Overdue pregnancy is when it reaches forty-two weeks and beyond.
- 5) Contraception can also be called birth control.
- 6) Ovulation is when the ovary releases the egg.
- 7) When the sperm meets the egg in the female's reproductive system.
- 8) Harry and Mary are having a baby soon, that is, they're expecting.

Lesson 31

. A bun in the oven

STEP 3 Let's check

Unjumble the words to make the sentences right. After you've finished, the teacher will read the text and you will correct your possible mistakes.

Pregnancy **a is emotion great of time**, and a little pain and discomfort. For most people, the news that a woman is pregnant brings great joy. **too remember happy being I** to speak. **phoned I knew I everyone**. From that very minute, your life changes. You start thinking about **names or a it'll and a boy be whether** girl. Of course, you **be will pregnancy the hope problem-free**. The hospital visits are exciting. I loved looking at the ultrasound scans. **It's move baby tiny the see to amazing** and see its heart beat. **The most the are pregnancy of stages later** difficult. This is when the mother wants the baby to come so she **feet take weight her can the off**. I reckon pregnancy is similar all over the world.

Pregnancy is a time of great emotion, and a little pain and discomfort. For most people, the news that a woman is pregnant brings great joy. I remember being too happy to speak. I phoned everyone I knew. From that very minute, your life changes. You start thinking about names and whether it'll be a boy or a girl. Of course, you hope the pregnancy will be problem-free. The hospital visits are exciting. I loved looking at the ultrasound scans. It's amazing to see the tiny baby move and see its heart beat. The later stages of pregnancy are the most difficult. This is when the mother wants the baby to come so she can take the weight off her feet. I reckon pregnancy is similar all over the world.

STEP 4 Hands on

Fill in the gaps and see how many ways of talking about a woman being pregnant can you remember.

- 1) I'm **pregnant**.
- 2) I'm **expecting**.
- 3) I'm **having** a baby.

- 4) I'm in the **family** way.
- 5) I'm in the **pudding** club.
- 6) I'm in a **delicate condition**.
- 7) I'm eating **for two**.
- 8) I have **a bun in the oven**.
- 9) I'm **carrying** a child.

Lesson 32

. A day at the Club I

STEP 3 Let's check

Read and complete the sentences using the vocabulary you have learned.

amenities / social clubs / establishments / network
membership / like-minded / family-oriented / lack of

- 1) **social clubs** are a type of club that primarily focuses on providing social and recreational opportunities for their members.
- 2) Social clubs typically have a **membership** structure where individuals must apply or be invited to join.
- 3) The primary purpose of social clubs is to promote social activities and **network** events for their members.
- 4) The **amenities** provide members with a venue to socialize and participate in club activities.
- 5) Members will have priority access to these partner **establishments** or services.
- 6) The members of the book club are all **like-minded** individuals who share a passion for literature.
- 7) The community park is a **family-oriented** space, with playgrounds, picnic areas, and family-friendly events throughout the year.
- 8) The restaurant received negative reviews due to a **lack of** quality control in their food preparation.

Lesson 33

. Everything I need is here

STEP 3 Let's check

Mark T (true) 👍 or F (false) 🗑️:

- 1) Fundraiser is an event held to generate financial support for a charity or other enterprise. **(T)**
- 2) Matches are a series of contests between several competitors, who compete for an overall prize. **(F)**
- 3) Apparel is a general name for various types of equipment. **(F)**
- 4) Catering is the provision of food and drink at a social event or other gathering, typically as a professional service. **(T)**
- 5) Secondhand products are items that have been previously owned and used by someone else before being sold. **(T)**
- 6) Lifesaver is a person or thing that saves someone from a difficult situation or critical moment. **(T)**
- 7) Something handy refers to an object, tool, or device that is useless and difficult to operate. **(F)**

Lesson 34

. Aesthetic Procedures

STEP 3 Let's check

Mark T (true) 👍 or F (false) 🗑️ according to the information given in this lesson.

- 1) Laser hair removal is a surgical procedure, which offers hair growth. **(F)**
- 2) Sweating excessively can be common and extremely uncomfortable. **(T)**
- 3) A Rhinoplasty is considered only cosmetic. **(F)**
- 4) Medical aesthetics practitioners are registered nurses who have extensive knowledge. **(T)**
- 5) Your health could be at risk if you otherwise use an unqualified practitioner to perform these treatments. **(T)**
- 6) Hyperhidrosis can affect various parts of the body, such as the underarms, palms of the hands, soles of the feet and face. **(T)**
- 7) Hair implants aren't an effective solution for hair loss. **(F)**
- 8) Some common facial cosmetic procedures include botox injections, dermal fillers and chemical peels. **(T)**

Lesson 35

. Healthy aging

STEP 3 Let's check

Marque com um (✓) the things you need for healthy aging:

- 1) (✓) Getting enough sleep
- 2) () Smoking cigarettes
- 3) (✓) Doing plenty of exercise
- 4) (✓) Making healthy food choices
- 5) () Too much work and no rest
- 6) () Drinking lots of alcohol
- 7) (✓) Going to the doctor regularly
- 8) () Being alone for long periods of time
- 9) (✓) Having a hobby
- 10) (✓) Keeping a positive attitude



get it

www.getit.school